

Don't Feel Blue...



...Get the Facts About the Flu

Fact: Influenza is a serious and highly contagious disease.

The influenza virus spreads easily from person to person and can lead to serious complications. Many are hospitalized and some die from influenza every year.

Fact: Children are at increased risk for influenza

Anyone can get influenza, but rates of infection are highest among children. The Centers for Disease Control and Prevention (CDC) recommend that all individuals 6 months of age and older receive annual influenza vaccination.

Fact: Very young infants can be protected from influenza.

Even though infants younger than 6 months of age cannot be vaccinated, mothers can help protect their babies from influenza

Fact: There are many opportunities to get vaccinated against influenza.

In the United States, the influenza season may begin as early as October and end as late as May. Getting immunized at any doctor/clinic visit throughout the fall and winter is beneficial.

Fact: The influenza vaccine does not cause influenza.

Although some people experience mild fever and fatigue following vaccination, this is not influenza! These symptoms are minor and go away quickly. Most do not experience any discomfort from the influenza vaccine.

PROTECT YOURSELF AND THOSE AROUND YOU:

GET VACCINATED AGAINST INFLUENZA THIS YEAR AND EVERY YEAR

Talk to Your Child's Doctor Today

Visit www.PreventChildhoodInfluenza.org for more information



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